

WHAT IS CLAIMED IS:

1. A method for making a diffraction grating device having a diffraction grating formed by refractive index modulation over a predetermined area
5 in an optical waveguide along a longitudinal direction thereof;

the method comprising the steps of:

disposing a phase grating mask beside the optical waveguide;

10 irradiating the optical waveguide with refractive index change inducing light by way of the phase grating mask while repeatedly scanning an irradiation point of the refractive index change inducing light in the longitudinal direction;

15 vibrating the phase grating mask in the longitudinal direction relative to the optical waveguide upon irradiation with the refractive index change inducing light; and

20 changing a phase or period of vibration of the phase grating mask for each scan of the irradiation point of the refractive index change inducing light,

so as to form a diffraction grating in the optical waveguide.

25 2. A method according to claim 1, wherein the irradiation position of the refractive index change inducing light is scanned N times, where N is an

integer of 2 or greater, while the phase of vibration of the phase grating mask is shifted by $2\pi/N$ for each scan.

3. A method according to claim 2, wherein N is
5 a power of 2.

4. A method for making a diffraction grating device having a diffraction grating formed by refractive index modulation over a predetermined area in an optical waveguide along a longitudinal direction
10 thereof;

the method comprising the steps of:

disposing a phase grating mask beside the optical waveguide;

15 irradiating the optical waveguide with refractive index change inducing light by way of the phase grating mask while scanning an irradiation point of the refractive index change inducing light in the longitudinal direction;

20 vibrating the phase grating mask in the longitudinal direction relative to the optical waveguide upon irradiation with the refractive index change inducing light; and

changing a phase or period of vibration of the phase grating mask upon scanning the irradiation point
25 of the refractive index change inducing light,

so as to form a diffraction grating in the

optical waveguide.

5. An apparatus for making a diffraction grating device having a diffraction grating formed by refractive index modulation over a predetermined area in an optical waveguide along a longitudinal direction thereof;

the apparatus comprising:

refractive index change inducing light irradiating means for irradiating the optical waveguide with refractive index change inducing light by way of a phase grating mask disposed beside the optical waveguide, and repeatedly scanning an irradiation position of the refractive index change inducing light in the longitudinal direction; and

phase grating mask vibrating means for vibrating the phase grating mask in the longitudinal direction relative to the optical waveguide upon irradiation with the refractive index change inducing light, and changing a phase or period of vibration of the phase grating mask for each scan of the irradiation point of the refractive index change inducing light.

6. An apparatus according to claim 5, wherein the refractive index change inducing light irradiating means scans the irradiation position of the refractive index change inducing light N times, where N is an integer of 2 or greater; and

wherein the phase grating mask vibrating means shifts the phase of vibration of the phase grating mask by $2\pi/N$ for each scan.

5 7. An apparatus according to claim 6, wherein
N is a power of 2.

10 8. An apparatus for making a diffraction
grating device having a diffraction grating formed by
refractive index modulation over a predetermined area
in an optical waveguide along a longitudinal direction
thereof;

the apparatus comprising:

15 refractive index change inducing light
irradiating means for irradiating the optical waveguide
with refractive index change inducing light by way of a
phase grating mask disposed beside the optical
waveguide, and scanning an irradiation position of the
refractive index change inducing light in the
longitudinal direction; and

20 phase grating mask vibrating means for vibrating
the phase grating mask in the longitudinal direction
relative to the optical waveguide upon irradiation with
the refractive index change inducing light, and
changing a phase or period of vibration of the phase
grating mask upon scanning the irradiation point of the
25 refractive index change inducing light.

9. A diffraction grating device made by the

method according to claim 1.

10. A multi/demultiplexing module including the diffraction grating device according to claim 9, the diffraction grating device selectively reflecting a
5 light component having a reflection wavelength, so as to multiplex or demultiplex light.

11. An optical transmission system for carrying out optical transmission by using wavelength-multiplexed signal light having a plurality of
10 wavelengths, the optical transmission system including the multi/demultiplexing module according to claim 10, the multi/demultiplexing module multiplexing or demultiplexing the signal light having a plurality of wavelengths.

15 12. A diffraction grating device made by the method according to claim 4.

13. A multi/demultiplexing module including the diffraction grating device according to claim 12, the diffraction grating device selectively reflecting a
20 light component having a reflection wavelength, so as to multiplex or demultiplex light.

14. An optical transmission system for carrying out optical transmission by using wavelength-multiplexed signal light having a plurality of
25 wavelengths, the optical transmission system including the multi/demultiplexing module according to claim 13,

the multi/demultiplexing module multiplexing or demultiplexing the signal light having a plurality of wavelengths.